



Fraternity, Sorority and Cooperative Life

## **FSCL STAFF MESSAGE**

The weather has gone cold and the leaves are changing all around us, with autumn in full force we hope that everyone enjoyed a restful fall break. As you prepare for the end of new member processes, election cycles, and reporting deadlines (Dec. 1st!) please take note of the resources in this newsletter to assist you in your planning. Don't forget to take advantage of meeting one on one with your FSCL Advisor to talk through any questions you might have and receive additional resources for your chapter experience.

## **FALL 2022 IMPORTANT DATES**

#### OCTOBER

- OCT 17-21 National Collegiate Alcohol Awareness Week
- OCT 22 Make A Difference Day 2022

#### NOVEMBER

 NOV 6 - Fraternity, Sorority, & Cooperative Leadership Summit (FSCLS)

#### **DECEMBER**

- DEC 1 Roster & Reporting Deadline
- DEC 4 Officer Transition Ceremony

## **SAVE THE DATES - SPRING 2023**

- JAN 6-8 Council Officer & Presidents Leadership Advance
- JAN 17 Meet FSCL (6:00-8:30 in PMU Ballrooms)
- JAN 22-26 <u>Health & Safety Initiative</u>
- FEB 26-MAR 2 Sex Week

## MEMBERSHIP FORMS & ROSTER UPDATES

Membership Forms can be found on the FSCL BoilerLink page and should be submitted by all new members within 72 hrs. of accepting an invitation to join: <u>Submit it here</u> or click on the icon to the right.

New Members that withdraw from your process should be removed from your roster within one week, submit updates to your FSCL Advisor and purduefscl@gmail.com



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## HALLOWEEN REMINDERS

As Halloween approaches and members make plans for fun and festivities we would like to issue a reminder that individuals of community celebrate this holiday safely and respectfully. We encourage all members to be thoughtful and respectful in their costume choices with regard to how they are representing themselves and our community. Expectations around appropriate costumes should be communicated widely. Chapter officers are encouraged to have a plan in place if a member chooses to wear an offensive or insensitive costume.

Follow @PurdueMGC on Instagram for more content around their "We're a Culture, Not a Costume" campaign.

#### A note for Housed Organizations:

 Haunted Houses or Maze-type configurations are NOT allowed in Fraternity, Sorority or Cooperative Houses due to fire code restrictions.

If a house would like to attempt something similar, please contact Kevin Luse with PUFD. keluse@purdue.edu or 765-494-0966

## **MENTAL HEALTH AND SEASONAL DEPRESSION**

You may have noticed that the daylight hours are waning and the sun setting earlier. Daylight savings ends on Sunday, November 6th so be sure to set your clocks back.

In our continued highlight of resources to assist in managing mental health, as the days get shorter and skies are often cloudy you may find yourself or peers suffering from symptoms similar to depression. This often occurs in the fall and winter months and is associated with Seasonal Season Affective Disorder (SAD).

The Co-Rec offers Light Therapy as a way to help treat SAD. This involves use of a light box that emits bright light simulating sunlight. The light therapy box is in the mindfulness room and is available during all open hours and is a FREE service. <u>Learn more here.</u>







## BOILERLINK PREFERRED NAME

- 1.Log-in to
   https://boilerlink.purdue.e
   du/
- 2. Click the icon in the top right corner (may be a picture or your initials)
- 3. Side panel on the right will open
- 4.then select your name/account
- 5. Change the first name to your personal name
- 6.Scroll down and hit "update"



## WINTERIZATION

With cooler weather there are a number of things housed organizations should keep in mind:

- Be mindful of how opening windows will impact heating systems
- Prepare for winter break by ordering fuel.
- Begin planning check-out procedures for Winter
   Break and communicate timelines to members
- Consider installing a water detection/heat monitoring system like PipeBurst Pro

Download the Winter Break
Checklist from Holmes Murphy.



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### **EFFECTIVE TRANSITIONS**

Endings breed a certain level of disengagement, in high school and college students this manifests as "senioritis". For officers it looks like burn out and disengagement. Once elections are over it can be difficult to resist the urge to mentally check out, but transitions play a critical role in the future success of your organization. Something to remember:

## It doesn't matter how good you were in your role, if you don't finish strong.

If you don't transition well, you taint your legacy. You'll be remembered by your successor for dropping the ball and leaving them unprepared to be successful. Depending on your own transition experience with your predecessor this may sound familiar. Transitioning responsibilities following an election process is the last act of a leader in relation to their role. Make sure you're spending time thoughtfully planning transitions so you can get your successor started off on the right foot.

Take the time now to review your role in bite sized chunks, particularly if you haven't kept notes all along. This can include programming details, timelines, things not to do, etc.

Organize your transition guide in calendar order based on the term of office or in another way that makes sense to you. Drop in notes, links to other documentation (yay for google drive), and important information like usernames, passwords, account numbers and invoice numbers for things related to your role.



Organization Re-Registration happens within three weeks of electing new officers, keep in mind that in order to re-register with SAO you are required to have a Faculty/Staff Advisor.

Do you know who your Faculty/Staff Advisor is? Now is the time to reach out. Make sure you have a relationship with that individual and they are prepared to sign the contract for another year.

# COMMUNITY ENGAGEMENT SINTERN



FSCL is seeking someone passionate about community service and philanthropic efforts as our 22-23 Community Engagement Intern, Click the icon or link for more information.

## LEADERSHIP DEVELOPMENT

The Roger C. Stewart Leadership & Professional Development (LEAD)

developed <u>competencies for</u> <u>leadership development</u>.

Request a workshop on competencies, leadership development, civic engagement and more!

## Student Activities and Organizations

offers a variety of workshops:

- BoilerLink Crash Courses
- Event Planning
- Marketing and Turnout
- Grants & Other Funding for Student Orgs
- Implicit Bias Training
- Understanding Food Safety
- Recruitment and Retention
- BOSO 101
- Boiler Financial Track

<u>View pre-scheduled offerings</u> by clicking on the icon:

View scheduled workshops

<u>Workshop</u> Request Form:



